



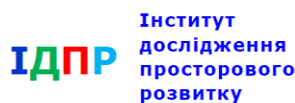
AKADEMIA NAUK STOSOWANYCH WYŻSZA SZKOŁA ZARZĄDZANIA I ADMINISTRACJI

The Academy of Applied Sciences
Academy of Management and Administration in Opole (Poland)
Academy of Silesia (Poland)
Berdyansk State Pedagogical University (Ukraine)
Bogdan Khmelnytsky Melitopol State Pedagogical University (Ukraine)
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Institute of emergency and Reconstructive Surgery named after V.K. Gusak of
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Simon Kuznets Kharkiv National University of Economics (Ukraine)
South Ukrainian National Pedagogical University named after K. D. Ushynsky (Ukraine)
Sumy State Pedagogical University named after A.S. Makarenko (Ukraine)
Volodymyr Vynnychenko Central Ukrainian State University (Ukraine)

10th International Scientific and Practical Conference

Modern problems of improve living standards in a globalized world

November 27-28, 2025



Plenary Session

The Plenary Session will be held on **November 27, 2025**, via **Google Meet**

<https://meet.google.com/bkz-wcju-zem>

11:00 – 13:30 (Warsaw time) / 12:00 – 14:30 (Kyiv time)

Moderators – Nazar DOBOSH, PhD, Tetyana NESTORENKO, PhD, Professor AS

11:00 – 11:30 (Warsaw time) / 12:00 – 12:30 (Kyiv time)	Welcoming the participants of the conference Tadeusz POKUSA, PhD, Professor ANS-WSZiA, Vice-Rector, The Academy of Applied Sciences – Academy of Management and Administration in Opole, Opole, Poland Aleksander OSTENDA, PhD, Professor AS, Rector, Academy of Silesia, Katowice, Poland Yuriy LYANNOY, DSc, Professor, Rector, Sumy State Pedagogical University named after A.S. Makarenko, Sumy, Ukraine Dalius SERAFINAS, DSc, Professor, Chairman of Lithuanian Science Society, Vilnius, Lithuania Larysa POLIAKOVA, PhD, Associate Professor, Vice-Rector of Scientific, Innovative Work and International Cooperation, Bogdan Khmelnytsky Melitopol State Pedagogical University, Zaporizhzhia, Ukraine Hanna MUZYCHENKO, DSc, Professor, Vice-Rector for Research Work, The State Institution “South Ukrainian National Pedagogical University named after K. D. Ushynsky”, Odesa, Ukraine Roman SAVCHUK, DSc, Professor, Director of the Ivano- Frankivsk Educational and Scientific Law Institute of the National University "Odesa Law Academy", Ukraine Lala HAMIDOVA, PhD, Associate Professor, Programme Manager, Azerbaijan State University of Economics (UNEC), Baku, Azerbaijan
11:30 – 11:45 (Warsaw time) / 12:30 – 12:45 (Kyiv time)	THE IMPACT OF HUMAN CAPITAL DEVELOPMENT ON LIVING STANDARDS: EVIDENCE FROM EUROPEAN COUNTRIES Esmira AHMADOVA, PhD Lala HAMIDOVA, PhD, Associate Professor Azerbaijan State University of Economics (UNEC), Baku, Azerbaijan Tetyana NESTORENKO, Professor AS, PhD Academy of Silesia, Katowice, Poland
11:45 – 12:00 (Warsaw time) / 12:45 – 13:00 (Kyiv time)	ТРАНСЦЕНДЕНТАЛЬНА ТЕРАПІЯ ЛЮДИНИ : ДУХОВНІСТЬ І ГУМАНІЗМ ЯК ЧИННИКИ ЦІЛІСНОГО РОЗВИТКУ ОСОБИСТОСТІ <i>Transcendental Human Therapy: Spirituality and Humanism as Factors in Holistic Personality Development</i> Mykola DIDUKH, DScs, Professor South Ukrainian National Pedagogical University named after K. D. Ushynsky, Odesa, Ukraine
12:00 – 12:15 (Warsaw time) / 13:00 – 13:15 (Kyiv time)	PSYCHO-PHYSIOLOGICAL ASPECTS OF QUALITY OF LIFE Zoryna BOIARSKA, PhD Osvaldas RUKŠĖNAS, DSc, Professor Life Sciences Center, Vilnius University, Vilnius, Lithuania

12:15 – 12:30 (Warsaw time) / 13:15 – 13:30 (Kyiv time)	ПСИХОСОЦІАЛЬНА РЕАБІЛІТАЦІЯ ЛЮДЕЙ ІЗ ЗАЛЕЖНІСТЮ В ІЗРАЇЛІ <i>Psychosocial Rehabilitation of Individuals with Addiction in Israel</i> Anton BORTS, MA Student Petro Mohyla Black Sea National University, Mykolaiv, Ukraine; Instructor for the Rehabilitation of People with Addictions, Arad, Israel
12:30 – 12:45 (Warsaw time) / 13:30 – 13:45 (Kyiv time)	ВИКОРИСТАННЯ ШТУЧНОГО ІНТЕЛЕКТУ ПРИ ПІДБОРІ ФІЗИЧНИХ НАВАНТАЖЕНЬ <i>Using Artificial Intelligence in Selecting Physical Loads</i> Oksana POLIANSKA, DSc, Professor Igor POLIANSKYI, DSc, Professor Bucovinian State Medical University, Ukraine Olha HULAH, PhD Inna MOSKALIUK, PhD University of Opole, Poland
12:45 – 13:00 (Warsaw time) / 13:45 – 14:00 (Kyiv time)	MONITOROWANIE SPRAW OBYWATELSKICH <i>Monitoring Civic Affairs</i> Władysław WORNALKIEWICZ, PhD, Professor ANS-WSZiA The Academy of Applied Sciences – Academy of Management and Administration in Opole, Opole, Poland
13:00 – 13:15 (Warsaw time) / 14:00 – 14:15 (Kyiv time)	РОЛЬ СОЦМЕРЕЖ У ПОШИРЕННІ НАРАТИВІВ КУЛЬТУРИ СНУ ЯК ВАЖЛИВОГО ІНСТРУМЕНТУ ПІДВИЩЕННЯ ЯКОСТІ ЖИТТЯ <i>The Role of Social Media in Spreading Narratives of Sleep Culture as an Important Tool for Improving Quality of Life</i> Olha KERTSMAN, CSc, Associate Professor The State Institution “South Ukrainian National Pedagogical University named after K. D. Ushynsky”, Odesa, Ukraine
13:15 – 13:30 (Warsaw time) / 14:15 – 14:30 (Kyiv time)	Summary of the plenary session
13:30 – 14:00 (Warsaw time) / 14:30 – 15:00 (Kyiv time)	Break

After the break, work will continue in the conference sessions

